

## Support Youth & Rise Above CO on Colorado Gives Day



Joining the Rise Above Colorado Teen Action Council has been one of the most life changing experiences.

I started with Rise Above Colorado when I was only an 8th grader, and every year I have chosen to return because I have seen the impact it makes in the community. Our Teen Action Council helps

guide the organization's messaging to Colorado youth and enables us to create an impact in our own communities. I wanted to help youth in any way that I could because I have seen people in my community abuse drugs, which does not lead to anything good.

Joining Rise Above Colorado has given me the opportunity to assist those who need it the most. I returned to my old middle school to facilitate a postermaking session. Its purpose was to combine data and visual arts to educate the community that *most* Colorado youth are NOT using drugs and alcohol.. I saw how everyone connected with the workshop's message and the power of sharing this message with peers, especially younger youth.

Rise Above Colorado educates Colorado teens from the perspective of youth, from providing school resources like the poster workshop and the *Not Prescribed* lesson about opioids, to promoting mental health tips on social media. I could not be more grateful to be a part of such an incredible team of youth as we continue striving to assist our various communities. Being on the Teen Action Council has helped me develop into a greater leader and it has allowed me to step out of my comfort zone. The Teen Council is a family where we are constantly learning from each other and growing together.

As I prepare to graduate high school and start college, it has been an honor to be part of such a great team. **Rise Above Colorado made a difference in my life and gave me the chance to impact the lives of others.** With your help we can make that mark on many others.

This season of giving you can help us build for today and

<u>Make your gift today to</u> <u>get your gift matched for</u> <u>double the impact!</u>



## More Fall Murals!



Hayden Center Mural



Clear Creek HS Mural

Rise Above's mural projects help build youth connections and community pride. We've touched more than 30 communities in every corner of the state, engaging youth to create themes and images that represent their communities' strength and resilience. tomorrow. Our Board of Directors have created a challenge that will *match all donations up to \$15,000 by December 31<sup>st</sup>* to continue building our Rise Above Colorado Endowment Fund started last year. So, by giving you'll be doubling the impact of your donation as we support current programs and make sure Rise Above is around for the long term to empower youth to live a life free of substance use and addiction.

I hope you'll join us in supporting the organization. You can join us on or before Colorado Gives Day December 7th by <u>visiting this link</u>. Thank you for your support!!

Sincerely,

Metzy Morales Jurado Rise Above Colorado Teen Action Council



Joshua Station mural painted by residents and our Teen Council in November!



Take a tour of our Colorado murals any time by clicking on the map above or <u>HERE</u>.

To continue this work we need your support! You can make a contribution for CO Gives Day or anytime during this season of giving by clicking any photo above.

## Youth Employee & leader Empowerment System (YEETS)!



We are so proud to announce the official launch of YEETS! The first official youth training is *Meeting Facilitation 101* on January 26th, 2022 from 4:30-6pm. Check out this incredible resource for youth employees and leaders on the state Positive Youth Development website or clicking the photo above.